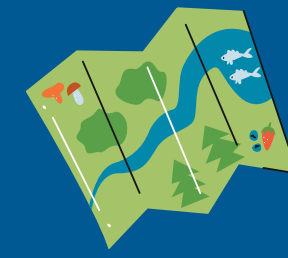




# SEPTEMBER 2023 | FEMA REGION 8 NATIONAL PREPAREDNESS MONTH



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Theme						01 <u>Update your family communication plan.</u>	02 Ask a family member or friend about their emergency plans.
Get Ready to Prepare!	03 <u>Talk to a parent, grandparent, or older adult about their emergency plans.</u>	04 <b>Labor Day!</b> <u>Make sure your Go Kit is ready.</u>	05 Register for any National Preparedness Month webinar or activity.	06 Download the <u>FEMA App</u> .	07 Open up your First Aid Kit. Understand its contents.	08 <u>Transfer \$10 to your emergency savings account.</u>	09 <u>Get or schedule a flu shot!</u>
Preparing Like a Pro!	10 <u>Pull sweaters, coats, hats, and gloves out of storage.</u>	11 Drive somewhere without GPS or Google Maps.	12 Check your smoke alarm and CO detector batteries.	13 <u>Read this page about Choosing and Using Fire Extinguishers.</u>	14 Exit your work building a new or different way.	15 Organize or order medications and/or order extra contacts and glasses.	16 <u>Locate your important documents and secure them.</u>
The Wild World of Preparedness	17 Stock your Car's Go Kit with an extra jacket, shoes and socks, water bottles, and snacks.	18 Take a selfie with your pet.	19 <u>Read about the Air Quality Flag Program.</u> Share one fact with a friend.	20 <u>Read about Service Animals.</u>	21 <u>Explore the EPA's Climate Change website portal.</u> Write down something you learned.	22 Do one of the following: Reduce, Re-Use, or Recycle!	23 <u>Update your pet's Go Kit.</u>
Youth Week!	24 Talk to your kids or your inner child about meeting spots in an emergency or disaster.	25 Join the <i>Disaster Mind</i> Demonstration at 1 p.m. today OR schedule a demo with NP by December 2023.	26 (Region 8 Staff Only) Watch two videos about child safeguarding. <u>Video 1.</u> <u>Video 2.</u>	27 <u>Learn about the history of one of the most beloved youth campaigns: Smokey Bear!</u>	28 <u>Color an activity sheet from Prepare with Pedro, kids optional!</u>	29 <b>CHALLENGE:</b> Talk to a complete stranger or a neighbor about disaster preparedness.	30 <b>Take a deep breath (or meditate for 10 minutes), you just completed the National Preparedness Month Challenge!</b>

## YOUR MISSION

Complete as many of these preparedness actions as you can during the month of September.

Email your completed calendar by Friday, October 6, 2023 to [Kirsten.Maltese@fema.dhs.gov](mailto:Kirsten.Maltese@fema.dhs.gov) for a special prize!

## HELPFUL HINTS

Involve your whole household in the mission!

Use the hyperlinks to find more information.

Learn more at [Ready.gov/September](https://ready.gov/September).

